



*3 daily devotions  
on distraction & temptation*



FOR WOMEN





# Where Your Safety Is

*"The name of the Lord is a strong tower; the righteous . . . runs into it and is safe"*  
*(Proverbs 18:10).*

My daughter, do not run away. Do not run from My presence. Here, here, My love, is where your safety is. Here, here, My love, is where your fast beating heart will slow. Here, here, My love, is where you are captured, fully captured by My love and free, all at once.

My love, turn your face to mine. I take My hands underneath your chin and raise your eyes to meet Mine.

*Look.*


Don't close your eyes or look down.

*Look into My eyes, child.*

My child, My daughter, listen now. I have you. Let this penetrate your heart. I have you. Do not run away. You are the one I want. You are the daughter I made whom I formed with my own two hands.

My eyes are on you, child. They are always on you. And they are eyes of love, not condemnation. They are eyes soft and bold and sure in My love for you.


*You are stunning, and I am captivated.*



You are perfectly made, and I delight in you. You are radiant, and I pour myself into you. You are My own, My girl, My daughter, My true one, My found one, My cherished one. I will never tire of being with you, holding you, wrapping you up in My arms.

Stay here, My love.

*I stay.*





# It's Just Not That Complicated

*"And if it is evil in your eyes to serve the Lord, choose this day whom you will serve. . .  
But as for me and my house, we will serve the Lord" (Joshua 24:15).*

My darling, I am here. I am the whisper in your heart that says stay, that says run.

*Stay with Me. . . . Run for more of Me.*

Sometimes I just await your desire to be with Me, for that desire within you for more of Me, to awaken.

*Awaken, child.*

You want more of Me? You want to see Me? You want to be with Me?


Yes? You do?

It's just not complicated, child. With Me, life isn't complicated. Choices are not complicated.

But choose. I love that you can choose. It is hard to be abandoned, forgotten, ignored. It is hard to be shunned, rebelled against, spat upon. It is hard to be yelled at, rejected, blamed. . . but I want you to choose.

Be full of Me and be strong. Or reject Me and be weak. You can choose.





Run to Me, or run away. Turn away and live on your own; do not truly live. . .  
Choices.

*Yes, choose.*

And yes, choosing can break hearts. I know what it means to live with a broken heart, to feel the burden of choice, the weight of rejection and pain and wretchedness. I see it, face to face. And I do not turn away.

*Choose.*

Choose, as it is too good—this life worth more than anything, more than any words can describe— to not choose. You receive life from choosing. You receive life from your decisions, your choices, you make, on your own.

My heart is in you, yes. But I let you choose. And it is trusting that I am in you that helps you make the choice:

Choose Me.

Choose love.

Choose more.

Desire more.

I love you, My darling.

This life I made for you.





# Moment by Moment

*'Then you will call upon me and come and pray to me, and I will hear you'*  
*(Jeremiah 29:12).*

My lovely one, how wonderful it is to be with you. Transitions are hard, aren't they? Trying to keep up—one moment to the next. Going this way and that way. I know your story. I know what's ahead. How often do you think about that—that I know what's ahead?

*This moment. Now, this moment. Oh, girl, stay.*


Where does worry get you? How does it help? It hurts My heart to see how you strive, how you work so hard on your own.

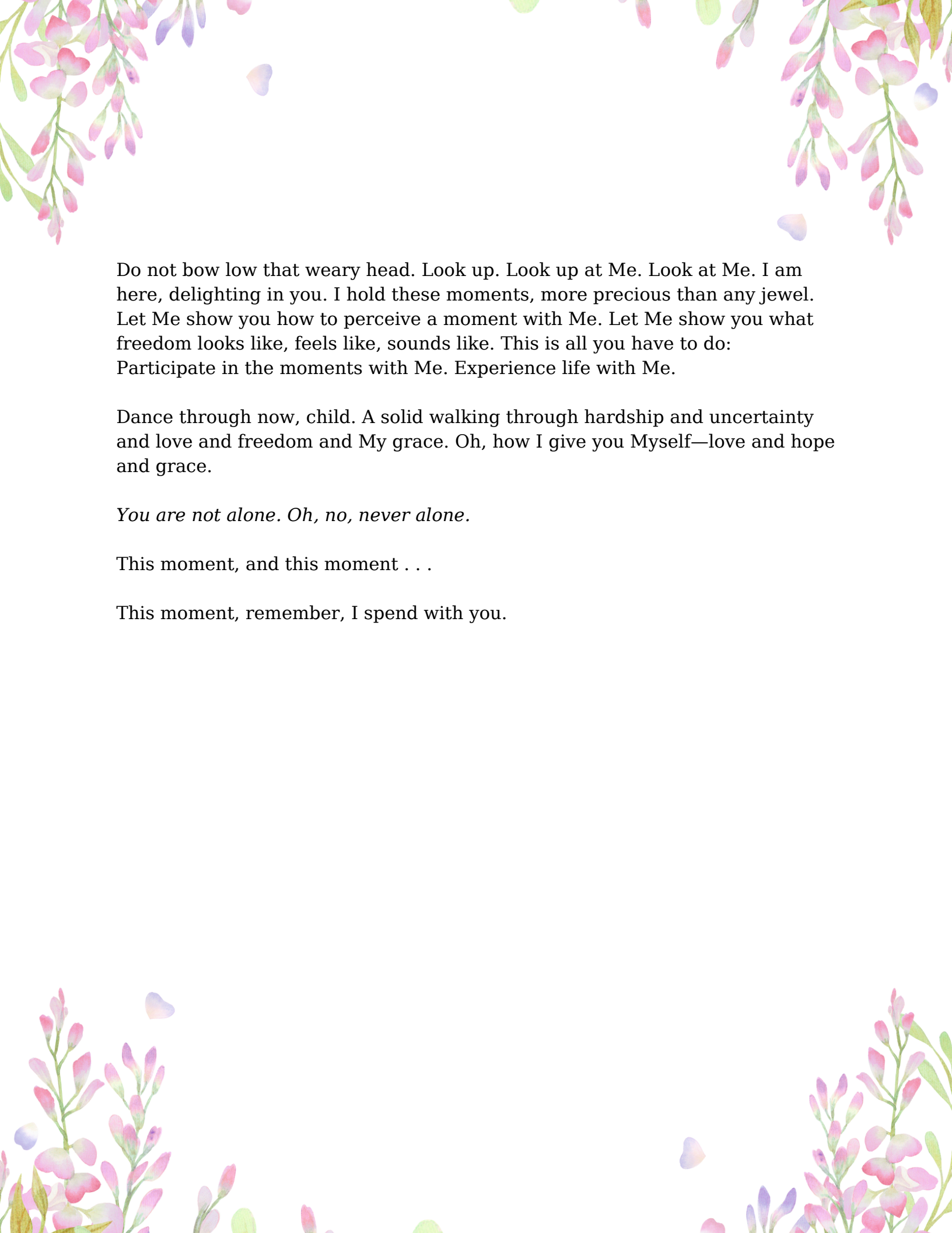
*Daughter, do nothing on your own.*

Confess it now. Lay down all the times you walked your own way without Me. Lay burdens down now—the ones you didn't even know you were carrying.

Daughter, you are made to move freely, without burdens. No matter what this moment holds, or the next one, I lighten your load. I am the steadfast one, the one who does not turn. I go forward into the moments ahead, preparing the way. Now walk in the way prepared for you.

*Look for Me and find Me.*





Do not bow low that weary head. Look up. Look up at Me. Look at Me. I am here, delighting in you. I hold these moments, more precious than any jewel. Let Me show you how to perceive a moment with Me. Let Me show you what freedom looks like, feels like, sounds like. This is all you have to do: Participate in the moments with Me. Experience life with Me.

Dance through now, child. A solid walking through hardship and uncertainty and love and freedom and My grace. Oh, how I give you Myself—love and hope and grace.

*You are not alone. Oh, no, never alone.*

This moment, and this moment . . .

This moment, remember, I spend with you.

# ARE YOU READY TO HEAR FROM GOD?

Loop for Women is a free email devotional for women who long to encounter God. On Monday and Thursday, we send a guided devotional your way that invites you to meditate on God's beauty and be reminded of his deep, deep love for you. On Fridays, we invite you to go even deeper through a longer, more contemplative offering that is designed to quiet your heart, anchor you in Scripture, and listen closely to what the Holy Spirit has to say to you.

Our community is full of more than 100,000 women who are asking big questions, offering their tender hearts to God, and making space to listen to what matters. We've saved a seat for you!

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